



**Experience - REAL. LIFE. TOGETHER.**

**Catalog of Classes**

FALL 2020





# MISSION

“To help people become fully devoted followers of Jesus Christ.”

&

# VISION

“Help people move from being the focus of the church’s mission to being responsible for the church’s mission.”





From the Life Groups Pastor,

As a “Life Group” ministry, we would like to encourage you to take some time this trimester to Renew your mind with other people! No matter where this season has taken you, Romans 12 reminds us that as we put our focus back on what God has done for us through His life here on earth and through His Word, we need to offer ourselves to God and His mercy.

In return, God does something amazing... ready for it... **He renews our Minds...** and in a season that looks foggy and unclear, we begin to see more of what His will is. That’s where you come in! We are asking you, our Life Group Facilitators, Life Group Assistants, participants and those who are not yet connected to our church – co-workers and neighbors – **to Renew Your Minds.**

I am asking you to do the following:

Focus on renewing your mind by becoming a part of a Life Group. Sign up during our Fall Trimester (August 23<sup>rd</sup> – September 6<sup>th</sup>). Sessions begin on September 13<sup>th</sup>.

Focus on helping others renew their mind by starting a Life Group in your area that hits close to home.

Regather your Life Group if it went dormant over the COVID-19 season. Whether it’s in person outside or over zoom.

Invite neighbors and co-workers to be part of your study.

As we take these proactive steps into God’s Word, together as a Life Group Ministry, we will begin to see God’s Will for our lives, the lives of our family and friends as well as our church. According to his Word it is his Good... Pleasing... and Perfect... will.

Many Blessings,  
Chris Martinez  
Life’s Group Pastor



**FREQUENTLY  
ASKED QUESTIONS**

**Q - Do I have to be a member of Southwinds Church to join a Life group?**

- No, you do not have to be a member of Southwinds. You simply must be willing to give yourself to God and be willing to let Him work in you and through you.

**Q - Do you have childcare available?**

- Some of the groups offer childcare, but not all of them. Groups that offer childcare will indicate that.

**Q - How long does the Life Group go for.**

- Most groups meet for 1-1/2 to 2 hours each week. Studies varies from 6 to 12 weeks.

**Q - Is there a cost to attend a group.**

- Some groups (not all) have books that need to be purchased. Generally no more than \$20.

**Q - Do your Life Groups meet online or in-person.**

- Due to COVID, most groups meet online. There are some groups that meet at individual homes outside and will meet back in homes when cleared by the state.

**Q - How do I sign up for a group?**

There are several ways to join a group.

- **ONLINE** - To register online go to [Southwinds.org/lifegroups](https://southwinds.org/lifegroups) or [click here](#). Complete the "Join a Life Group" form and submit.
- Sign up through the church app. Type "Southwinds" to 33777. Click on Life Groups. Complete the form and hit submit.
- Contact Group Facilitator via the email indicated on the [southwinds.org/lifegroups](https://southwinds.org/lifegroups) page. (See next page for instructions).
- Contact Talanna Williams (Life Groups Assistant) at [twilliams@southwinds.org](mailto:twilliams@southwinds.org) or (209) 835-4673 x123.
- Contact Pastor Martinez (Life Groups Pastor) at: [cmartinez@southwinds.org](mailto:cmartinez@southwinds.org) or (209) 597-3052.



Go to [www.southwinds.org/lifegroups](http://www.southwinds.org/lifegroups).

There are several options available depending on what you want to do.

1. You may scroll through the online catalog.
2. Join a group by clicking the “Join a Life Group” tab. The form will open up. Complete ALL information that has an (\*).
  - Name, email address, cell phone AND carrier (Required Info).
  - Optional information (encouraged) to keep our database up to date, please complete -
    - Home phone, home and mailing addresses, and birthdate.
  - Once complete scroll to the bottom of the form and click the “submit” button.
4. To contact a facilitator, follow the directions to the Life Groups page. Scroll down to the group that you are interested in.
  - Click “Group Details” button.
  - The facilitators name will appear.
  - Click the “Contact Leader” tab. This will take you to their email. Once sent the system will take you back to the previous page.
4. Contact Talanna Williams (Life Groups Assistant) at (209) 835-4673 x125 or by email at [twilliams@southwinds.org](mailto:twilliams@southwinds.org).
5. Contact Pastor Chris Martinez (Life Groups Pastor) at: [cmartinez@southwinds.org](mailto:cmartinez@southwinds.org) or (209) 597-3052.



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*Welcome To*



Life groups are small gatherings of Christ followers who meet regularly in homes, churches, or other locations as well as Online to share life, grow in spiritual maturity, and make disciples in our communities!

Review the following pages for a brief description of the Southwinds, Fall 2020 List of Groups.

If you don't see a group that is right for you or you contact us at: [lifegroups@southwinds.org](mailto:lifegroups@southwinds.org) or (209) 835-4763.

To speak to a Pastor call: (209) 597-3052.

***Welcome to Life Groups!***



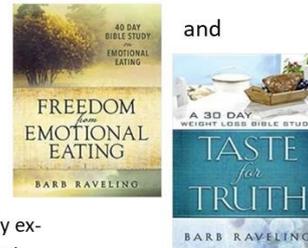
# CARE groups

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## *Food Issues*



Teresa Colon



and

**Tuesday: 6:30pm**  
**Location: Zoom**

This 10-week (2 book) study examines our eating habits and how to make changes.

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## *Grief*



Kristy Thielen



Talanna Williams

A caring group of people who are willing to walk alongside you through one of life's most difficult experiences.

We all experience grief at some point in our lives. You don't have to go through it alone. Let us walk with you.

**Tuesday: 6:30pm**  
**Location: In-person**  
Worship Patio  
**Child Care: No**

**Wednesday: 6:30pm**  
**Location: Zoom**



# CARE groups

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## *Gospel University*



Chris Thielen

Interactive training on how to defend the foundational issues of Christianity in your everyday conversations with other people.

**Tuesday: 6:30pm**  
**Location:** In-person  
Refinery Parking Lot  
**Child Care:** No

## *Living Grace*



Arah Evans

Living Grace is a 16-week Christ-centered mental health study that teaches skills to help us cope and manage our Mental Health. We welcome new and returning members.

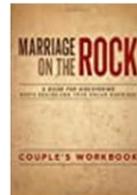
**Wednesday: 6:30pm**  
**Location:** Zoom

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## *Marriage Care*



Michael & Ceci  
Haas



**Wednesday: 6:30pm**  
**Location:** Zoom

Enhance your marriage relationship. It's never too early or too late to give your marriage the care it needs!



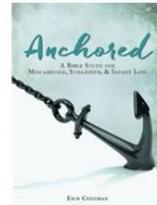
# CARE groups

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## *Pregnancy & Infant Loss*



Jeff Rubino



*A Pregnancy  
&  
Infant Loss  
Study*

  
**Wednesday : 6:30pm**  
**Location: Zoom**

Dealing with the loss of an infant is difficult. Join us as we work through God's healing power together.

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## *Redefine Grace*



Roshelle Miller

  
**Wednesday : 6:30pm**  
**Location: Zoom**

Redefine Grace is a Christ-centered resource providing simple, innovative and grace-filled mental health solutions and community support for students grades 6-12.

This group is currently meeting over Zoom and will move to the church campus once government regulations allow.



# CELEBRATE recovery

## Large Group Meeting



Anne Friend  
Matt Masters

If you are struggling with life's hurts, hang-ups, or habits. We welcome you to come and join us for a Christ-centered recovery program. Everyone meets together for worship, followed by teaching or testimony.

**Friday: 7pm**  
**Location: In Person**  
**Childcare: No**

## Step Studies



Matt Espersen

### Peace and Serenity



Anne Friend

#### MEN'S STEP STUDY

Work through the lessons and exercises found in each of the four participant's guides and you will begin to experience the true peace and serenity you have been seeking.

**Monday: 6:30pm**  
**Location: In Person**  
**Childcare: No**



#### WOMEN'S STEP STUDY

(CLOSED)

The Women's Step Study is closed, If you are interested in joining a Women's Step Study group, please contact us at:

[lifegroups@southwinds.org](mailto:lifegroups@southwinds.org)

**Monday: 6:30pm**  
**Location: In Person**  
**Childcare: No**



# CELEBRATE recovery

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## *CR - Solo Groups*



Eric Nielsen



Anne Friend

### **MEN (Solo Group)**

This is a social group for men who are a part of our CR program.



**Friday: 8pm**  
**Location: TBD**  
**Childcare: No**

### **WOMEN (Solo Group)**

This is a social group for women who are a part of our CR program.



**Friday: 8pm**  
**Location: TBD**  
**Childcare: No**



# LIFE groups

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## *Empty Nesters*



Corey Tidwell

Our group is made up of both married couples and singles. Our group is following the Sermon Based Questions.

**Thursday: 5pm**  
**Begins: September 24th**  
**Location: Zoom**



Parker Eagerton

Genesis is where it all began. Come join us as we do a wonderful and exciting study of the Book of Genesis!

**Thursday: 7pm**  
**Location: Zoom**

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## *General Groups*



Doug Corbett



**Sunday: 11am**  
**Begins: October 11th**  
**Location: Zoom**

If you are a new believer or recently reconnecting to God's family, The Beginning Life Group experience is for you!



# LIFE groups

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## General



Ken Hardie

**Sunday: 9:30am**  
**Location: In Person**

### The Book of Matthew

Join us as we continue to focus on the Book of Matthew and his teaching about Jesus.



Doug Corbett

**Monday: 6:30pm**  
**Location: Zoom**

### 30 60 100 Fold Response

Come join us as we work through the Parable of Parables found in Mark 4 with the Seed and the Sower and how we can have a 30, 60 or 100 fold response.



Chris & June  
Martinez

### Sermon Based Questions

We meet on Tuesday evenings to dig deeper into the Sunday Morning Sermon.

**Tuesday: 6:30pm**  
**Location: Hybrid**  
**Childcare: Yes**  
**\$5 Per family**



# LIFE groups

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## General



Jaime Ulloa

**Wednesday: 6:30pm**  
**Location: Zoom**

### Various Studies

Our group is a mixture of men, women, married and divorced people coming together to grow in our understanding of the bible.



Russ Whitcomb

**Thursday: 7pm**  
**Location: In Person**  
**Child Care: No**

### Study of Genesis

In the beginning God created the Heavens and the Earth. Let's go back to the beginning and journey with God through the book of Genesis.



Luz Gonzales

### The Books of James & Revelation

Taglish Life Group. James exposes hypocritical practices, while Revelation will reveal the full identity of Christ and the give warning and hope to believers.

**Friday: 6:30pm**  
**Location: Zoom**



John Bathula

### Ordinances of the New Testament

The Telugu/English group will be studying Ordinances of the New Testament.

**Friday: 8 pm**  
**Location: Zoom**



# LIFE groups

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## *Married Couples*



Allen & Karen  
Escobar

### **Sermon Based Questions**

Join us on Sunday mornings as our Married Couples group dive deeper into the Sunday Morning Sermons.

**Sunday: 10:30am**  
**Location: Zoom**



Kyle & Meilani  
Vital

This group is for married couples with young kids trying to juggle it all. Join our Life Group as we go deeper into the Sunday message.

**Wednesday: 6:45pm**  
**Location: Zoom**



Steve & Patti  
Zelmer

**Wednesday : 6:30pm**  
**Location: In Person**  
**Childcare: No**

**HEAVEN**  
What will heaven be like? Randy Alcorn presents a thoroughly biblical answer. Heaven will inspire readers to long for heaven while they're living on earth.



Jed & Candice  
Thompson

**Friday: 6:30pm**  
**Location: Zoom**

**1st & 2nd Peter and Jude**  
How does a Christian behave when surrounded by a hostile world. Learn the new habit of love. Put on your mental armor.



# LIFE groups

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## *Men's Groups*



Don McNely

### **James Faith/Works**

The Book of James is filled with practical wisdom and application for Christians. This 13-session study examines the relationship between faith and works.

**Monday: 6:30**  
**Location: Zoom**



Jorge Landeros

### **Willing to Believe**

Many believe that we are totally free to choose salvation. Join our group to see what Dr. R.C. Sproul teaches us.

**Monday: 7pm**  
**Location: In Person**



John Munoz

### **COMPELLED**

In this 6-week Life Group series called "Compelled," we will be hearing from people who heard the call of Jesus and willingly accepted that call.



Wayne Villaluna

### **The Book of Judges**

The book of Judges depicts how God deals with all the Peoples (and countries) that have covenanted with Him.



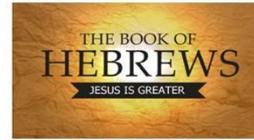
# LIFE groups

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## *Men's Groups*



Gene Leyba



**Friday: 9 am**  
**Location: Zoom**

### **The Book of Hebrews**

Our group will take a deep look at the Book of Hebrews and learn just how great Jesus is.



# LIFE groups

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## Women's Groups



Christine Bronson



Monday: 9:00am  
Location: Zoom

If you have faced loss and wondered if God really loves you or if God is involved in the details of your life, then this study is for you.



Jill Costa

Monday: 6:30pm  
Location: Zoom

### **MATCHLESS**

We live in a world where there's a lot of confusion about Jesus. So how can we know the truth? Join us in this 8-session search for truth as we unfold the story of our matchless Savior—His mission, miracles, and message.



Dana Nolen

Monday 6:30pm  
Location: Zoom

### **Sermon Based Questions**

As we look forward to the Fall season, please join us as we continue to discuss the weekly Sermon Based Questions.



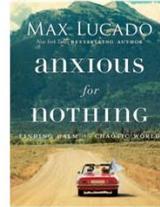
# LIFE groups

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## Women's Groups



Briana Montano



Monday 6:30pm  
Location: Zoom

Does the uncertainty and chaos of life keep you up at night? Is irrational anxiety your constant companion? Let God help you win the war on worry and receive the lasting peace of Christ.



Liz Barnett & Christine Garth

Wednesday: 9am  
Location: Zoom

### Various Bible Gospels

Our Bible Book Club will explore many different bible books throughout this season. Join us as we explore the Bible Gospels.



Keri Swanger

Thursday: 10am  
Starts: Sept. 10th  
Location: Tracy - Kellogg Park  
Childcare: No

### James, "Mercy Triumphs"

Come along with Beth Moore on a journey to get to know both the man and the Book of James. You will never be the same again. Kellogg Park is located at 2224 Mt. Pellier St., Tracy, CA 95304



# LIFE groups

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## *Young Adults*



**Sunday: 6:30pm**  
**Location: Zoom**

Marko &  
Jordyn Marin

### **Sermon Based Questions**

Young Adults, if you want to gain a better understanding of the Sunday morning sermons, join us as we dive deeper into God's Word.



**Monday: 7pm**  
**Location: Zoom**

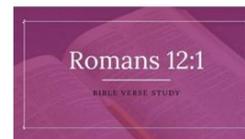
Matthew & Kaeli  
Nutt

### **Sermon Based Questions**

Young Adults, if you want to gain a better understanding of the Sunday morning sermons, join us as we dive deeper into God's Word.



Dave & Dara  
Kazakevich



**Friday: 7 pm**  
**Location: Zoom**

### **True Spirituality, Becoming a Romans 12 Christian**

An In-depth Study of Romans 12 with a Focus on Discipleship: a proven path to becoming more like Jesus.



# LIFE groups

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## *Young Married*



Brandon & Madeline  
Zelmer



### **The Book of Ephesians**

This group is for Young Married couples  
with non school aged children.



**Monday: 7pm**

**Location: Zoom**



# SPECIALTY groups

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## *FCA Coaches*



John Goulding



Wednesday: 6am  
1st and 3rd Wednesday  
Location: Zoom  
Childcare: No

The Fellowship of Christian Athletes engages athletes and coaches to grow in their faith and sport. We meet the first and third Wednesdays of each month.

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## *First Responders*



Dave & Cindy  
Sasser



Monday: 5:30pm  
Location: In Person  
Childcare: No

### **Sermon Based Questions**

Our group is made up of First Responders married or single. We are building a community and family of First Responders who come together in God's word for support and continual growth as a Christ Follower.



# STUDENT groups

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We exist to Help Students Become Fully-Devoted Followers of Jesus Christ!



Wednesday Night MDWK  
6:30 - 8pm  
Refinery Courtyard

Every Wednesday night our student ministry is offering a Student Ministry MDWK service for Tracy, Mountain House and Lathrop middle school and high school students.

**GOAL** - to create an environment where students feel comfortable coming to and having fun by experiencing God's presence in a safe and clean environment.

For more information contact: [mmasters@southwinds.org](mailto:mmasters@southwinds.org) or [mmarin@southwinds.org](mailto:mmarin@southwinds.org).  
Visit our website at [southwindstudents.org](http://southwindstudents.org).

#### Available Life Groups

- 7th-8th Grade Boys
- 7th-8th Grade Girls
- 9th-10th Grade Boys
- 9th-10th Grade Girls
- 11th-12th Boys Girls
- 11th-12th Grade Girls

